

Farm Fresh

فَارم فَريش

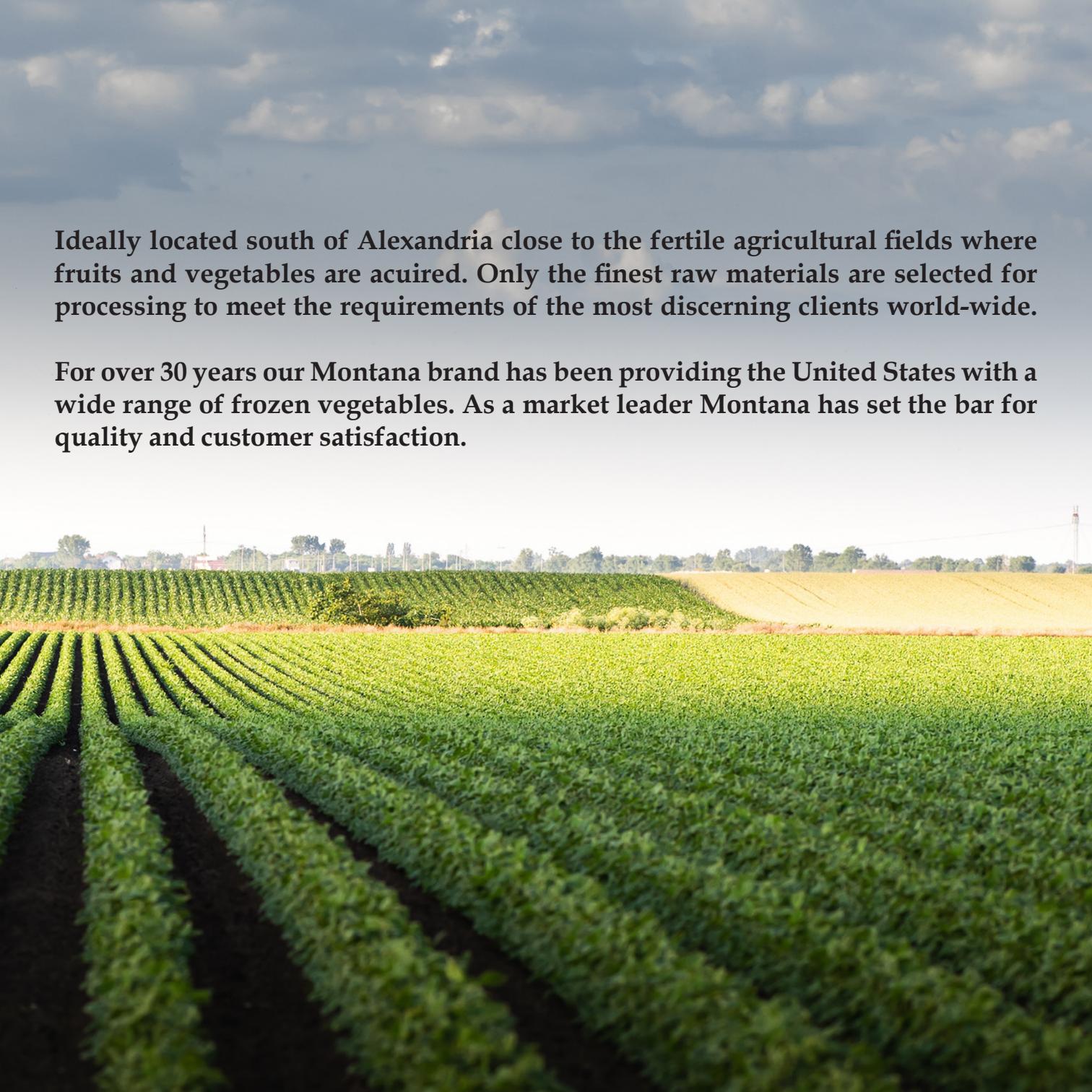


# ABOUT US

Farm Fresh is a family owned and operated business. Founded in 1987 by the late Mr. Sherif Boulos a pioneer in the Egyptian Agriculture Sector upon his return to Egypt after living in the United States.

He had a vision of producing high quality Egyptian fruits and vegetables that would service the needs of consumers in the United States, Europe and the Middle East.





**Ideally located south of Alexandria close to the fertile agricultural fields where fruits and vegetables are acquired. Only the finest raw materials are selected for processing to meet the requirements of the most discerning clients world-wide.**

**For over 30 years our Montana brand has been providing the United States with a wide range of frozen vegetables. As a market leader Montana has set the bar for quality and customer satisfaction.**

# VEGETABLES





# Molokia

Our Molokia is handpicked and frozen at optimal freshness. Available in minced and leaves. Enjoy the authentic and nutritious Egyptian flavor.



Leaves



Minced



# Okra

Embark on a tasty adventure with our premium quality okra, available in four sizes, Extra fine, Okra Zero, Okra 1, and Okra 2. Okra cone tops are meticulously hand-trimmed for an unforgettable culinary experience!



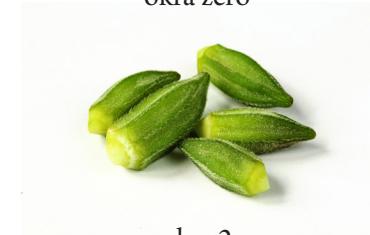
Extra fine



okra zero



okra 1



okra 2



## Peas & Carrots

Savor the flavor of our nutritious peas & carrots. Our vegetables are expertly diced, blanched, and frozen to ensure it retains all essential vitamins and minerals.

## Peas

Nature's goodness, blanched and sealed fresh, from green fields to your freezer. Our peas retain their wholesome nutrients and vibrant color.





## Green Beans

Our tender green beans are harvested at their peak, ensuring a perfect color and shape for a mouthwatering experience. Available as whole or cut. Our green beans are carefully chosen and frozen to preserve their naturally rich taste.



## Mixed Vegetables

Trust in the freshness of our (3 components) mixed vegetables. It's a mix of equal quantities of carrots, green peas & green beans.





## Mixed Vegetables

Trust in the freshness of our (4 components) mixed vegetables. It's a mix of equal quantities of carrots, green peas, green beans & corn.



## Carrots

Add a pop of color and flavor to your dishes by using our conveniently diced, blanched, and frozen carrots. An easy way to boost vitamins and minerals in your daily diet.





# Artichokes

Upgrade your kitchen with our premium artichokes, available in a range of cuts either frozen or in jars, perfect for any hot or cold meal.



Stalks



Hearts



Bottoms



Quarters

One of our key products, we Produces a wide variety of artichokes.  
(Quarters, Bottoms, Hearts, With Stalk And Slices )



# Corn

Neatly packed corn , cobs & kernels is a must-try for all. From soup to salads to pizza and more, our versatile corn fits every meal.



Kernels



Cobs



## Falafel

Our semi-fried falafel are a flavorful and nutritious healthy and vegan option, made with a blend of traditional spices and herbs. The perfect texture and seasoning, available in hummus or beans.



## Colocasia

Because quality matters, choose our frozen colocasia (Taro Roots). Rich in fibers and vitamins, and easy to prepare. complete with a bag of greens mix (coriander & chard) for that extra distinct flavor.





## Spinach

Discover our frozen spinach unparalleled quality and flavor, sourced from the finest farms and carefully sorted to bring you the best iron-rich greens.



## Vine Leaves

Our vine leaves are a true labor of love, picked fresh and prepared with utmost care for maximum flavor and nutrition. Choose between frozen or in brine vine leaves.





## Broccoli

With its delicate flavor and numerous health benefits, the broccoli is a true star amongst vegetables. Available also as riced broccoli.



## Cauliflower

Experience the ultimate taste and culinary quality with our delicate pure white cauliflower - perfect for roasting, grilling, sautéing, or steaming. Available in florets of different sizes or as riced cauliflower.





# Broad Beans

We have brought together the best of two worlds - absolute freshness and superior freezing technology, to ensure your broad beans always taste their best when exported around the world. Available as whole or peeled.



Whole



Double Peeled



# Garlic

Embrace the convenience and versatility of garlic with our premium Garlic Cloves & Paste, the perfect addition to any kitchen.



Cloves



Paste



# Onions

Cook up a storm with the help of our diced onions , providing you with easy access diced or sliced onions.



Rings



Diced 10x10

# FRUITS





# Strawberries

Bring the taste of summer to your table all year round with our strawberries. Picked at the peak of ripeness, available in a variety of sizes and cuts.



Calibrated



Uncalibrated



Diced



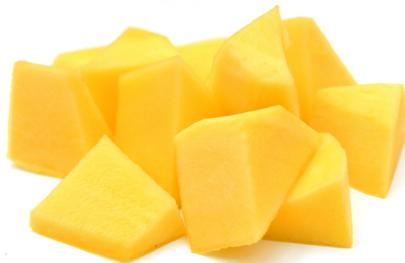
Halves

We offers a wide range of strawberry calibrations for different clients  
calibrated (15/25-25/35-35/45) – uncalibrated as well as strawberries halved & diced 10x10)



# Mango

Add freshness to your day with our frozen mango slices, cubes, and pulp. You can enjoy the sweet juicy flavor of this tropical fruit anytime you want. Made for snacking, topping for your ice-cream, or even smoothies and juices.



Cubes



Slices



# Guava

Whether you are looking to add some zest to your drinks, toppings, or meals, our fresh guava come frozen whole, cut, or pulp to deliver the vibrant tropical taste you crave.



Whole

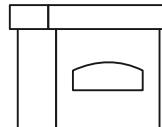


Cut



Pulp

# Seasonality Chart



## Packing



### Food Services

1Kg, 2Kg, 2.5Kg



### Retail

400g

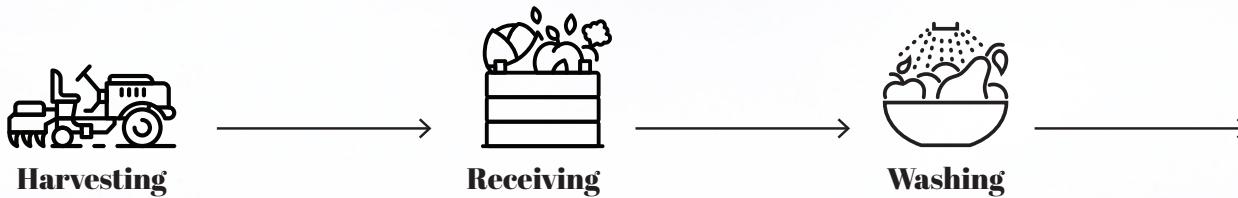


### Bulk

10kg carton or octabins

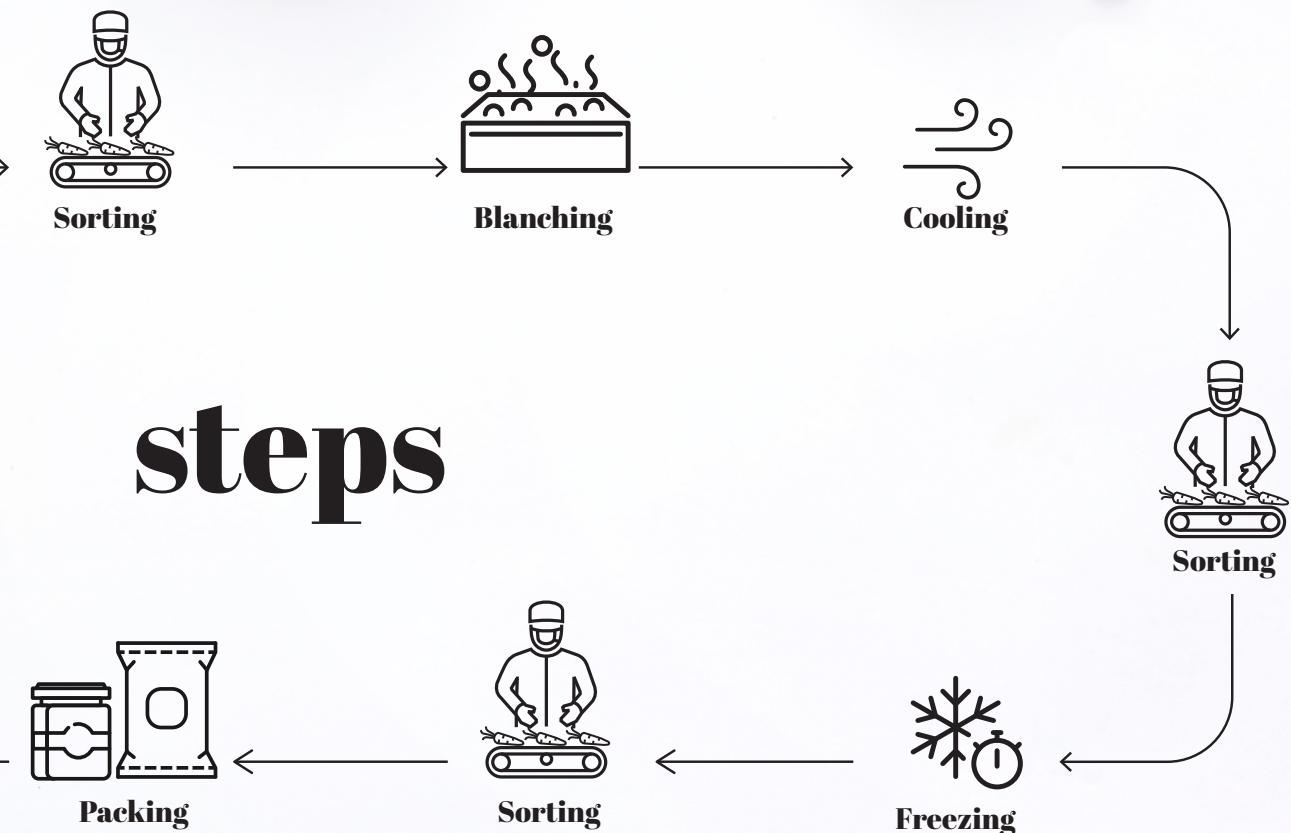
Or upon the customer request





# Farm Fresh







## Certificates:







Email : [info@farmfreshegypt.com](mailto:info@farmfreshegypt.com)

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